



Create a Spray-Free Haven for Pollinators

THE SANCTUARY STARTER GUIDE



Step

1

CHOOSE YOUR SANCTUARY SPOT

Find a place that receives some sunlight and can support a few plants.

- ✓ A planter box
- ✓ A front garden
- ✓ A vegetable garden edge
- ✓ A school garden
- ✓ A workplace entrance



Step

2

PLANT FOR POLLINATORS

Choose at least three plants. Mix native species with bee-friendly herbs and flowers to create year-round food sources.



Step

5

CELEBRATE YOUR SANCTUARY

Pause and observe. Watch for:

- ✓ Butterflies
- ✓ Native bees
- ✓ Honey bees
- ✓ Hoverflies
- ✓ Nectar-feeding birds
- ✓ Beneficial insects

Take a photo of your sanctuary and record the date it began.



Step

3

CREATE A SAFE HAVEN

Pollinators need more than flowers. Add two simple features:

- ✓ A shallow dish of water with pebbles
- ✓ Leaf litter beneath shrubs
- ✓ A pile of sticks or branches
- ✓ A flowering herb left to bloom
- ✓ A small area left slightly wild



Step

4

MAKE THE SANCTUARY PROMISE

I pledge to care for a spray-free space - no matter how small - where bees, butterflies, and other pollinators can thrive.



Step

6

YOUR FIRST SANCTUARY MISSION

This week:

- Plant one native species
- Plant one bee-friendly herb or flower
- Add a water source
- Leave one small area a little wild
- Share your sanctuary story
- Inspire one other person to start theirs



Pollinator friendly plants

Native Plants for Pollinators

Plant	Helps Most In
Mānuka	Spring & Summer
Kānuka	Spring & Summer
Kōwhai	Winter & Spring
Harakeke (Flax)	Winter, Spring & Summer
Hebe	Summer & Autumn
Mingimingi	Spring
Five Finger (Whauwhaupaku)	Summer
Pohutukawa	Summer
Karamū	Spring
Mountain Flax	Winter & Spring



Easy Pollinator Plants

Plant	Helps Most In
Lavender	Spring, Summer & Autumn
Rosemary	Winter & Spring
Sage	Spring & Summer
Thyme	Spring & Summer
Borage	Summer
Calendula	Spring, Summer & Autumn
Alyssum	Spring through Autumn
Cosmos	Summer & Autumn



A SIMPLE FORMULA

Aim for:

- ✓ One winter-flowering plant
- ✓ One spring-flowering plant
- ✓ One summer-flowering plant
- ✓ One autumn-flowering plant

This helps provide food when pollinators need it most.





Flur Star Sanctuaries



PLANTING & BIODIVERSITY PLAN:

A STAR SANCTUARY INCLUDES A PLAN TO INCREASE BIODIVERSITY OVER TIME.



1

Sanctuary Goal

I want to achieve



2

Planting List

Pick 3-5 from the list on the sanctuary starter guide

Flùr Sanctuary Tip:

START SMALL. PLANT A FEW NATIVES EACH YEAR AND ALLOW NATURE TIME TO GROW. EVERY NEW PLANT HELPS CREATE A SAFER FUTURE FOR POLLINATORS.



This Year

My tasks for this year are:

